THE SOCIETY FOR THE ADVANCEMENT OF SEXUAL HEALTH 2012 NATIONAL CONFERENCE

**Creating a Culture of Healthy Sexuality** 

# SHAPING BFUTURE



September 19-22, 2012 Marriott Riverwalk, San Antonio, TX Welcome to the 2012 Society for the Advancement of Sexual Health Annual Conference. Thank you for joining us in San Antonio this year. This year's theme: Creating a Culture of Healthy Sexuality: Shaping the Future, continues our annual theme of examining sex addiction and how to move from addiction into healthy sexuality. Many thanks to the SASH Conference Committee for their efforts in putting this conference together.

# Conference Goals and Objectives

At the conclusion of this conference, participants should be better able to:

- 1. Discuss current information on differential diagnosis, intervention strategies, treatment modalities, and research in the fields of sexual health, sex addiction/ compulsivity, sexual offending, and sexual trauma;
- 2. Evaluate the evidence supporting theories, guidelines and recommendations for recognizing and responding to various aspects of sexual health and behavior:
- 3. Use effective techniques to identify persons at increased risk for problems with sexual health; and
- Develop educational approaches and preventive interventions that improve the sexual health of all persons.

These objectives apply separately to each day of the conference.

### **SCHEDULE**

For more information and an application for the ATPSB Program, please go to www.sash.net/ATPSB

#### **WEDNESDAY, SEPTEMBER 19, 2012**

# Advanced Training in Problematic Sexual Behaviors (ATPSB) LEVEL 1 - ATPSB

- Overview of PSB David Delmonico, PhD
- Assessment Strategies in PSB Cara Tripodi, LCSW, Bill Swiggart, MS, LPC/MHSP
- Theoretical Conceptualizations and Treatment Approaches for PSB - Cara Tripodi, LCSW
- Legal, Professional, and Ethical Considerations in PSB Robin Cato, JD, Betsy Williams, MD

#### **THURSDAY, SEPTEMBER 20, 2012**

#### LEVEL 1, cont.

- Sexual Pharmachology with Problematic Sexual Behavior Susan Campling, RN, PsyD
- · Cybersex David Delmonico, PhD, Elizabeth Griffin, MA
- Responding to Relapse Doug Sorensen, LCSW
- Sensitivity and Awareness of Diversity in PSB Jes Montgomery, MD

The Advanced Training in Problematic Sexual Behavior (ATPSB) program is dedicated to addressing and treating harmful sexual behavior by offering premier training curriculum in the mental health and medical fields. The ATPSB program accomplishes this mission by establishing standards of knowledge for entry-level practitioners, creating standards of care inclusive of various descriptions of problematic sexual behavior (PSB), and by providing course content addressing current trends in the assessment and treatment of PSB. Finally, the ATPSB program, in conjunction with The Society for the Advancement of Sexual Health, provides national leadership in addressing the varied needs of those suffering from problematic sexual behavior and the professionals treating them.

Thank you for considering a program which will provide the necessary knowledge to help you, the professional, identify, assess, and treat problematic sexual behavior (PSB). The Advanced Training in Problematic Sexual Behavior, ATPSB, is intended to develop a broad base of knowledge in identifying, assessing, and treating this area. The curriculum is based upon six core competencies. Participants will learn from established experts in the field. There are two levels to the ATPSB training, next year's conference will offer both Level One and Two programming. Both levels will also be offered online as well as additional courses throughout the year.

Professionals can complete 32 hours of education in the Advanced Training in Problematic Sexual Behavior in 12 to 18 months. Levels 1 and 2 are each 16 hours and can be completed in two days of training or online at your own pace. Normally, the total cost of the program will be \$1,900 paid in two installments. For this initial offering, however, the level one training will be offered for \$800 and if you sign up for both trainings at the same time for a total of \$1,400. SPSB's can renew their credential every two years for a \$150 renewal fee and attend one annual SASH conference or take 12 hours of CEU elective courses (note - cost will be \$30 per a CEU). A \$50 dollar application fee is required for program admittance. Additional coursework will be offered on an ongoing basis both during the conference and online. After the completion of level one and level two trainings, successfully passing a final exam, licensed therapists with a Master's degree or better in the counseling field will receive a Specialist in Problematic Sexual Behavior (SPSB) credential. For those participants looking to increase their knowledge in the field, but are not licensed counselors, they will be awarded a certificate for completing level one of the program and for level two if they choose to continue.

#### **THURSDAY, SEPTEMBER 20, 2012**

7:15 a.m. – 8:15 a.m. – 12 Step Meeting 8:00 a.m. – 6:00 p.m. – Conference Registration, Exhibit Hall and Bookstore Open

# Opening Keynote Address 8:30 a.m. – 10:00 a.m.



Living Wholeheartedly: Healing Through Outrageous, Courageous Mindfulness Practices, A Path for Compassion, Connection, and Freedom

P. Tobi Fishel, PhD, Director of Psychological Services Vanderbilt Center for Integrative Health

Join us for an opening session together on the importance of mindfulness as Dr. Fishel leads us in an interactive time together. She teaches and incorporates mindfulness-based practices, body-centered therapy and expressive arts into her clinical practice. The guiding principle in her work is encouraging a deepening relationship with the innate gifts of one's own soul. Dr. Fishel is an Assistant Professor and is in the departments of Psychiatry, Psychology and Pediatrics. At the Center for Integrative Health, she is the Director of Psychological Services and is involved in integrative health research and medical education.

#### BREAK 10:00 a.m. - 10:30 a.m.

#### Session 1 10:30 a.m. - 11:45 a.m.

- 1. Sexual Compulsivity 101 Lauren Bierman, MC, NCC
- Disclosure of Relapse: Impact for Addicts and Partners – Deb Corley, PhD, Jennifer Schneider, PhD, MD
- Intervention as a Change Agent in the Treatment of Sexual Addicts and their Families – Rob Weiss, LCSW, CSAT-S
- Women of Grace and Integrity: Life after Sex and Love Addiction – Kelly McDaniel, LPC, NCC, CSAT, Alex Katehakis, MFT, Anna Valenti, MSSW

#### LUNCH 11:45 a.m. - 1:15 p.m. On your own

#### Session 2 1:15 p.m. – 2:30 p.m.



Sex Addiction as Affect Dysregulation - Alex Katehakis, MFT, CSAT-S, CST-S

Alexandra Katehakis, MFT, CSAT-S, CST-S is Founder and Clinical Director of the Center for Healthy Sex in Los Angeles, California. She is a Certified Sex

Addiction Therapist/Supervisor and AASECT Certified Sex Therapist/Supervisor specializing in the treatment of sexual addiction and other sexual disorders.

BREAK 2:30 p.m. - 3:00 p.m.

#### Session 3 3:00 p.m. - 4:15 p.m.

- The Same but Different Therapeutic
   Considerations for Treating Female Sex and
   Love Addicts Kelly McDaniel, LPC, NCC,
   CSAT, Marnie Ferree, MA, LMFT, CSAT
- Internet Pornography: Research and Clinical Issues – Mary Short, PhD, Thomas Kasper, BA
- Introduction to the Interpersonal Model of Sexual Integration – Gretchen Blycker Mason, MA, LMT
- Co-Sex Addict Paradigm: A Model of Diagnostic Mislabeling that Perpetuates Gender-Base Violence and the Oppression of Women – Omar Minwalla, PsyD
- Sex Addiction, Women & Trauma Resolution in Family Therapy – Michael Morton, MA, LMF, Karen Martin, MA

**4:15** p.m. – **6:00** p.m. – **International Panel discussing Sex Addiction and Treatment** - As we look towards the future, SASH is inaugurating an International Panel of Experts to discuss the status and progress in the field of sex addiction abroad. As our field strives for global recognition, the panel will focus on future trends and challenges specific to their cultures.

#### FRIDAY, SEPTEMBER 21, 2012

7:15 a.m. – 8:15 a.m. – 12 Step Meeting 8:00 a.m. – 6:00 p.m. – Conference Registration, Exhibit Hall and Bookstore Open

Carnes Lecture 8:30 a.m. - 9:30 a.m.



"My 25 Years in SASH: A Clinician's Perspective" Kenneth Adams, PhD, CSAT – Carnes Award Recipient 2011

Kenneth M. Adams, PhD, CSAT, is a licensed psychologist and the clinical director of Kenneth

M. Adams and Associates in suburban Detroit, MI and the Life Healing Center of Santa Fe, NM. In addition to maintaining an active clinical practice, Dr. Adams is a national lecturer, author, and workshop leader.

#### Session 4 9:30 a.m. - 10:45 a.m.

- Assessment & Treatment of Partner Sexual Trauma Following Sexual Betrayal – Stefanie Carnes, PhD
- 2. Sexual Developmental Theory: A Four-Stage Treatment Approach Brett Copeland, PsyD
- Rebuilding Relationships thru Forgiveness, Exoneration and Reconciliation – Michelle Saffier, LMFT, CSAT
- Current Trends in Trauma Treatment: Using the Affective Therapies - Jan Beauregard, PhD
- Technology and Tools: Unique Challenges for Female Sex and Love Addicts – Anna Valenti, MSSW, Linda Hudson, MS, LPC, Susan Campling, RN, PsyD

Women's Track

#### Session 5 11:15 a.m. - 12:30 p.m.

- Using Mindfulness Interventions with Hypersexual Patients – Rory Reid, PhD
- Understanding Women Who Love Psychopaths – Sharon O'Hara, MA, MFT, Mavis Humes Baird, ICADC, CSAT-S, Debora Wardlow BS, BSW, MA
- 3. Neurobiology & Addiction Connie Stapleton, PhD
- Treating Couples with Sex Addiction Jeannette Cutshaw, LMFT, CSAT
- Shattered Soul? Five Pathways to Healing the Spirit Abuse and Trauma – Patrick Fleming, MDiv, LCSW, CSAT, Sue Lauber-Fleming, RN, MA, LCSW

#### AWARDS LUNCHEON 12:30 p.m. – 2:30 p.m. Patrick Carnes, PhD – Keynote Address –"To Change a Country"



Patrick Carnes, PhD, is an expert in the field of sexual addiction in the United States. Carnes is currently the Executive Director of the Gentle Path program at Pine Grove Behavioral Center in Hattiesburg, Mississippi.

#### Session 6 2:30 p.m. - 3:45 p.m.

- Rebuilding Trust and Restoring Health in Relationship after Betrayal – Deb Corley, PhD, Ron Arrington, MS
- 2. Sexual Addiction: ASAM & the DSM perspectives Donald Hilton, Jr. MD, FACS
- The Unintended Victim Rob Weiss, LCSW, CSAT-S, Jennifer Schneider, PhD, MD, Stefanie Carnes, PhD
- Structured Assessment for Sex Addiction Lucien Thomsen, LCSW, CSAT, CSOTS, Jordan Lief, PsyD, CSAT
- And You Thought Treating Female Partners Was Challenging!: Treating Male Partners of Female Sex and Love Addicts – Marnie Ferree, MA, LMFT, CSAT, Linda Hudson, MS, LPC

#### BREAK - 3:45 p.m. - 4:15 p.m.

#### Session 7 4:15 p.m. - 5:30 p.m.

- 1. The Silent Seduction Ken Adams, PhD
- Sex Addiction and Space Terrina Picarella, MA, LAC, Ken Wells, MDiv, MA, LPC, CSAT
- Continuum of Care" Treatment Model of Relapse Prevention – Joanne Terrell, MSW, LCSW
- 4. Female Exhibitionists and Voyeurs Susan Campling RN, PsyD
- Healing a Marriage of Sexual Infidelity and Addiction – Marutia Corcoran, BA, Brian Adler, MD

# RECEPTION and POSTER SESSION 5:30 p.m. - 6:30 p.m.

An Evening to Network and Enjoy the Beautiful City of San Antonio

#### **SATURDAY, SEPTEMBER 22, 2012**

7:45 a.m. – 8:45 a.m. – 12 Step Meeting 8:00 a.m. – 6:00 p.m. – Conference Registration, Exhibit Hall and Bookstore Open

#### Session 8 9:00 a.m. - 10:15 a.m.

- Treatment of Hypo & Hyper Sexual Behavior in Women from the Perspective of an Attachment Disorder – Mark Schwartz, ScD
- 2. Sex Addiction in the News *Bill Herring LCSW, CSAT, Craig Perra, JD*
- 3. Relating in groups: Men who have sex with men thinking beyond risk whilst struggling with drug use & sex Marco Borria, BSc
- 4. Spiritual Development for Recovering People Sonnee Weedn, PhD, Rev. George McLaird
- Intimate Treason Cara Tripodi, LCSW, CSAT-S

#### BREAK 10:15 a.m. - 10:45 a.m.

#### Session 9 10:45 a.m. - 12:00 p.m.

- 1. Motivational Interviewing & Sex Addiction Treatment Shawn Jeffries, PhD
- 2. Breaking the Cycle George Collins, MA
- Group Therapy for Female Sex and Love Addicts – Panel: Alex Katehakis, MFT, Marnie Ferree, MA, Sonnee Weedn, PhD
- The Trust Rebuilding Treatment Model for Couples – Jerry Goodman LCSW, CSAT-S, Silvia Jason, LMFT, CSAT
- The Importance of Group Therapy in the Treatment of Sex Addiction – Don Matthews, Joan Gold, Graeme Daniels

#### LUNCH 12:00 p.m. - 1:30 p.m. On your own

#### Session 10 1:30 p.m. - 2:45 p.m.

- 1. Sex Addiction & Borderline Personality Disorder Chris Charleton, LCSW
- Healthy Sexuality: A Sociodramatic Conversation – Soozi Bolte, MC, LPC, and Grayce Gusmano, LMFT, LPC
- In Harm's Way: Women as Sex Offenders and Participants in Inter-Partner Violence -Special Treatment Considerations Regarding Women and Sex and Love Addiction – Susan Campling, RN, PsyD, Robin Cato, JD, Deb Corley, PhD
- Severe Turbulence: Managing Sexual Addiction & Revictimization in the Female Dissociative Client – Debra Kaplan, MA, CMAT, CSAT-S

#### Session 11 2:45 p.m. - 4:00 p.m.

- Disclosure of Relapse: Impact for Addicts and Partners – Deb Corley, PhD, Jennifer Schneider, MD, PhD
- Clinician-driven Model for Developing Evidence based treatment of Internet Sexual Addictions – Paul James Birch, PhD, Ingrid Johnson. BA
- 3. Ambiguous Loss and Restorative Relationships – Daniel Glaser, MSW, LCSW
- Utilizing Voice Dialogue to develop intimacy skills in sexual compulsive clients and their partners – Martha Simpson Revell, MA, CSAT-II

# **General Information**

# CONFERENCE LOCATION AND GENERAL INFORMATION

The San Antonio Marriott Riverwalk 889 E. Market Street San Antonio, TX 78205

#### **HOTEL RESERVATIONS**

A block of rooms has been reserved for SASH conference attendees at The San Antonio Marriott Riverwalk at a reduced rate of \$199, Single or Double. Ask for the SASH Group Rate. Check-in time is 4:00 p.m. and checkout time is 12:00 p.m. Noon.

To contact The San Antonio Marriott Riverwalk for reservations:

USA 877-622-3056

You can also reserve your room at https://resweb.passkey.com/go/sash2012

The special rate is valid until midnight of Monday, August 20, 2012. To ensure space at the conference hotel, it is important to make reservations early.

Any special needs for your stay with The San Antonio Marriott Riverwalk should be addressed at the time of making the reservations.

#### **SPECIAL NEEDS**

For conference participants with special needs, please contact Robin Cato, Executive Director, SASH, 706-356-7031.

# EXHIBITOR SPACE/ADVERTISING OPPORTUNITIES

Those individuals, organizations and businesses interested in the opportunity to exhibit or advertise at the SASH Conference should contact Robin Cato, Executive Director at 706-356-7031, or by email at sash@sash.net.

Program Changes SASH reserves the right to make changes in this program without advance notice.

#### TARGET AUDIENCE

Chemical Dependency Counselors
Correctional and Probation Officers
EAP Professionals
Human Resource Managers
Licensed Professional Counselors
Marriage and Family Therapists
Pastoral Counselors
Public Healthcare Workers
Physicians
Psychologists

#### **CONTINUING EDUCATION**

The Society for the Advancement of Sexual Health (SASH) is approved by the American Psychological Association to offer continuing education for psychologists. SASH maintains responsibility for the program as well as CA Board of Behavioral Sciences. Applications are pending with NBCC, AASECT, NAADAC and NASW.

# PENDING CONTINUING EDUCATION HOURS OFFERED

Thursday 7.0 Hours
Friday 9.0 Hours
Saturday 5.0 Hours

#### **CONFERENCE PLANNING COMMITTEE**

John Giugliano, PhD, Conference Chair Bill Swiggart, MS Deborah Coffin, MS Tim Lee, MS Robin Cato, JD, Executive Director

#### SASH BOARD OF DIRECTORS

Susan Campling, RN, PsyD
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Jes Montgomery, MD
Tom Pecca, CAS
Charles Samenow, MD, MPH
Cara Tripodi, LCSW, Secretary
Betsy White Williams, PhD, MPH

#### For more information

If you have any questions regarding this conference program, including specific workshop objectives, or the credentials and positions of speakers, please contact the national office at 706-356-7031.

# **Conference Registration**

1. Advanced Training in Problematic Sexual Behaviors (ATPSB) Wednesday, Thursday - September 19, 20 2012

For more information and an application for the ATPSB Program, please go to www.sash.net/ATPSB

Earlybird registration postmark before August 17, 2012

Registration postmark on or after August 17, 2012

#### 2. Full Conference: (Includes Thursday morning through Saturday afternoon)

Member	\$375	\$395
Student*/Recovery	\$100	\$100
Nonmember	\$395	\$435

3. One Day/Two Day Registration: (Please circle which days you will be attending)

Thursday Friday Saturday

 SASH Member
 \$130/\$260
 \$145/\$290

 Student\*/Recovery
 \$35/\$65
 \$35/\$65

 Nonmember
 \$150\$300
 \$165/\$330

CANCELLATION POLICY - A full refund (less \$50 administrative fee) will be given if the national office receives written or faxed notice of cancellation by September 7, 2012. No refund will be given after September 7, 2012. SASH's liability is limited to the return of registration fees.

#### REGISTRATION FORM

Please check if you do not wish to be placed

on the conference attendee mailing list.

Name	_ Degree	
Address		
City/State/Zip		
Phone Email		
Organization name		
FULL CONFERENCE REGISTRATION	\$	
ONE/TWO DAY CONFERENCE REGISTRATION	\$	
FRIDAY LUNCHEON - \$25 per person	\$	
CONTINUING EDUCATION CREDITS - \$25 per person	\$	
SASH MEMBERSHIP □ New □ Renewal	\$ —	
PAYMENT TOTAL	\$	
□ Check payable to "SASH"		
VISA ☐ MasterCard ☐ American Express ☐ Discover	register today	
Signature	MAIL FORM TO:	
Card Holder's Name (print)		
Card Number	P.O. Box 433	
Expiration Date	Royston, GA 30662	

FAX FORM TO: (866) 389-3974

ONLINE REGISTRATION: www.sash.net

<sup>\*</sup>Must be full-time in mental health related field with valid student ID.

# **SASH Membership Information**

If you are not currently a member of SASH, now is an exciting time to join and start experiencing the benefit of SASH Membership.

The Society for the Advancement of Sexual Health (SASH) is a nonprofit organization dedicated to promoting public and professional awareness and understanding of addictive/compulsive sexual behavior and its associated negative consequences. SASH provides access to education, information and referral resources, encouraging wellness for all those we serve. Membership provides numerous benefits, including:

- · Access to education information, and referral resources
- · Newsletter and Journal subscriptions
- · Discount for SASH Annual Conference
- Listing on SASH's website (optional) with link to your own webpage or email address for additional fee
- Join SASH Professional Listserv (optional)

New Membership Levels (Fees are annual)

The following are the benefits received for the various membership categories:

Membership Categories	Additional Benefits Received	Amount
Student (with journal)	<ul> <li>Journal subscription</li> <li>Newsletter subscription</li> <li>Discounts for events, publications, and the SASH annual conference</li> </ul>	\$100
General	Newsletter subscription     Discounts for events, publications, and the SASH annual conference	\$50
Professional (with CSAT discount)	Listing on SASH website     Link from SASH website to your website available for an additional \$50     Journal subscription	\$135
Professional	<ul> <li>Newsletter subscription</li> <li>Discounts for events, publications, and the SASH annual conference</li> </ul>	\$170
Institutional	<ul> <li>Listing on SASH website</li> <li>Link from SASH website to your website available for an additional \$100</li> <li>Journal subscription</li> <li>Newsletter subscription</li> <li>Discounts for events, publications, and the SASH annual conference</li> </ul>	\$375

For donor levels, the committee has determined donors would receive the following additional benefits

Donor Levels	Additional Benefits Received	Range
Friend	Newsletter subscription	\$1-\$299
Contributor	<ul><li>10% discount to SASH annual conference</li><li>Discounts for events and publications</li><li>Newsletter subscription</li></ul>	\$300-\$999
Benefactor	<ul> <li>Free admission to SASH annual conference</li> <li>Discounts for events and publications</li> <li>Newsletter subscription</li> </ul>	\$1000-\$2499
Champion	<ul> <li>Free admission to SASH annual conference</li> <li>Complete recording of the SASH annual conference on CD</li> <li>Discounts for events and publications</li> <li>Newsletter subscription</li> </ul>	\$2500-\$4999
Hero	<ul> <li>Free admission to SASH annual conference</li> <li>Complete recording of the SASH annual conference on CD</li> <li>Complimentary room for three (3) nights during the SASH annual conference</li> <li>Discounts for events and publications</li> <li>Newsletter subscription</li> </ul>	\$5000+

The Society for the Advancement of Sexual Health P.O. Box 433

Royston, GA 30662

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# **Creating a Culture of Healthy Sexuality**

Marriott Riverwalk, San Antonio, TX September 19-22, 2012

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